

Circassian Circle

Formation

Circle round the room. Join hands. Gentleman's partner is on his left.

Instructions

1. Everybody walk 4 steps forward into the middle of the circle and 4 steps backwards back to place. (8)
2. Repeat part 1 (8)
3. Ladies walk 4 steps forward into the middle of the circle, clap and take 4 steps backwards back to place. (8)
4. Men walk 4 steps forward into the middle of the circle and clap and then turn round to face their partner. (8)
5. Balance. (Face partner and kick to the left with right foot, then kick to the right with left foot, and then repeat.) (8)
6. Swing your partner with a cross hand hold. (8)
7. Promenade Partner round the circle in an anticlockwise direction. (16)
8. Gentlemen, place your partner on your right. Join hands in a circle ready to start the dance again. The Lady on the gentleman's left has now become his new partner.

Calling

- In 2 3 4 (4)
- Out 2 3 4 (4)
- In 2 3 4 (4)
- Out 2 3 4 (4)
- Ladies in 2 3 Clap (4)
- Out 2 3 4(4)
- Men in 2 3 clap(4)
- Turn to your partner.
- Balance (8)
- And Swing (8)
- Promenade (16)
- Start the dance again with a new partner.